

BARRY COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY
ANNUAL REPORT

FISCAL YEAR 2023



BARRY COUNTY COMMUNITY MENTAL HEALTH AUTHORITY FISCAL YEAR 2023 ANNUAL REPORT

DIRECTOR SUMMARY

Dear Community Members,

Barry County Community Mental Health Authority (BCCMHA) is pleased to share our 2023 annual report with you.

BCCMHA was awarded entry into the states Certified Community Behavioral Health Clinic (CCBHC) demonstration project. This allowed BCCMHA to continue its commitment in expanding access, integration, and services for individuals with Intellectual Disabilities and Developmental Disabilities, Mental Health, Substance Use, and Emotional Disorders. Expansion of access and services has allowed BCCMHA to assist many individuals further on their path to recovery and help some find their path to recovery for the first time. This would not have been possible without the dedicated staff and provider network at BCCMHA. I want to thank all of you for your commitment to this important work.

We will continue to look at ways to improve programming and increase supportive infrastructure so that we can continue to dispense hope and improve lives.

Sincerely,

Richard S. Thiemkey, M.A.
Executive Director
Barry County Community Mental Health Authority.

Mission

Barry County Community Mental Health Authority will provide accessible, affordable, confidential, and quality behavioral health services focused on prevention, treatment, and rehabilitation.

Our Vision

Believing in Recovery
Connecting with Community
Combating Stigma
Making a Difference
Helping Those in Need
Aspiring to be the Best

Certified Community Behavioral Health Clinic Grant

BCCMHA continues to grow in integrated services and had several key accomplishments in the past year. BCCMHA completed the second year of the CCBHC-Expansion (CCBHC-E) grant on 09/30/2023. This grant allowed BCCMHA to serve 842 unique individuals, including 277 (33%) that were identified as mild/moderate and would not have been eligible for services prior to CCBHC-E. Additionally, BCCMHA hired 5 clinicians, 2 Assertive Community Treatment (ACT) Specialists, ACT Team Lead, ACT RN, 2 nurse care managers, care coordinators, veterans' case manager, credentialing specialist, and an on-call/mobile crisis case

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manager as a result of the grant. All positions have been maintained following grant completion. Other key accomplishments include:

- Creation of an ACT Team that was certified by the Michigan Fidelity Assistance Support Team (MiFAST). The team is working to expand services to support the implementation of an Integrated Dual Diagnosis Team (IDDT).
 - 2,508 ACT services were provided during the grant lifespan.
 - Inpatient hospitalization for ACT participants were reduced by 33% as compared to baseline prior to ACT participation.
- Completion of Zero Suicide training and initiation of a Zero Suicide Workgroup to facilitate agencywide implementation.
- On-site virtual trainings on Health Equity (12/07/2022 – 12/08/2022) and LGBTQIA+ 101 (03/29/2023).
- All clinical and direct care staff attended Assessing and Managing Suicide Risk (ASMR) training during the grant lifespan.
- Initiation of primary care screening including on-site A1C testing.
 - 73% of CCBHC-E received a primary care screening.
- BCCMHA initiated an enhanced pre-planning process utilizing nurse care managers and care coordinators with the joint aim of ensuring client needs are met, either directly during pre-planning or during treatment, and to problem-solve the underutilization of services congruent with client level of care.
- Continued growth in relationships with other providers of veterans' services within the surrounding communities.
- The Veterans Case Manager collaborated with the Veterans Administration and the Veterans Navigator at SWMBH to host two PACT Act events within the county on 03/09/2023 and 07/10/2023. 72 local veterans and their families were served at these events.
- Veterans Case Manager collaborated with the local Veterans Administration to provide an onsite training on Military Culture and Lethal Means Safety on 05/10/2023; 20 staff members were able to attend.

As of 10/01/2023, BCCMHA became a CCBHC demonstration site in the state of Michigan along with twenty-nine other behavioral health providers. Participation in the statewide demonstration provides BCCMHA access to additional resources and funding to support their CCBHC-E sustainability efforts, including the state's Prospective Payment System (PPS) reimbursement structure. The PPS is an enhanced payment rate used to finance CCBHC services with the goal of providing greater financial predictability. BCCMHA is able to provide services to all individuals regardless of diagnosis, residency, or insurance due to being a demonstration site.

Lastly, BCCMHA was awarded a Substance Abuse and Mental Health Services Administration CCBHC Improvement and Advancement (CCBHC-IA) grant which started 09/30/2023. This four-year grant will enable BCCMHA to continue the expansion and enhancement of CCBHC services in Barry County. During the grant period, BCCMHA will work toward achieving the following key goals in order to meet community needs:

1. increase access to behavioral health services
2. increase outreach and penetration about available behavioral health services for population of focus
3. demonstrate improved outcomes
4. increase initiation and engagement of substance use disorder treatment

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5. deliver integrated care for behavioral health and physical health risks and needs.

Additionally, BCCMHA has identified LGBTQIA+ and veterans as subpopulations experiencing behavioral health disparities in their catchment area. A focus of BCCMHA's CCBHC-IA project will be improving equity for those populations, specifically within the domains of healthcare access and quality, and social and community context.

Veteran Services

When we started veteran services at BCCMHA the number one complaint that we heard was that veterans were feeling let down. They were not receiving the care that they needed, and they didn't know how to get it if they wanted it. We wanted to change that.

Over the course of 2023, BCCMHA Veteran Services provided multiple opportunities for our local Barry County veterans to get the information, resources, and care that they need. Below are some of the opportunities:

1. BCCMHA was able to partner with the Battle Creek Veteran Affairs to have PACT Act (Promise to Address Comprehensive Toxics Act of 2022) events to help explain the bill as well as get veterans signed up for the benefits they have earned.
2. Military Cultural and SAVE (Signs. Ask. Validate. Encourage and Expedite.) trainings were held for BCCMHA staff to help better serve and understand our veterans.
3. Veteran's case manager and multiple staff members attended community meetings, summits, trainings, and events in order to grow our resource lists for our local veterans.
4. BCCMHA will be adding a Veteran Navigator to our team to better serve our Barry County Veterans.

Veterans are now telling us that they are thankful BCCMHA has veteran specific services in our community. We have already started planning for events and partnering with local veteran services to make more connections with our veterans. We look forward to serving our local veterans in 2024!

Cheers to the new year!

Summer Robertson
Veteran Navigator Barry County
United States Navy Veteran

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FY23 BUDGET

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FISCAL YEAR 2023 BUDGET**

REVENUES	
TOTAL REVENUES	\$18,689,244.86
EXPENSES	
SALARIES & RELATED EXPENSES	\$8,667,848.24
OPERATING EXPENSES	\$9,334,952.00
TOTAL EXPENSES	\$18,002,800.24
REVENUE LESS EXPENSES	686,444.62

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OVERVIEW OF PROGRAM AND SERVICES

Access to Services

Access Disposition	Count
Call Discontinued/Dropped	1
Denied/Ineligible for PIHP/CMH Funded Services with Referral	13
Eligible and individual refused PIHP/CMH Funded CMH, DD or Co-Occurring	4
Eligible and referred for PIHP/CMH Funded MH, DD, or Co-Occurring	751
Eligible and referred for PIHP/CMH Funded SUD Service	156
No Service Request; Seeking Information Only	13
Pending / Need More Information	16
TOTAL	954

Crisis Services

Individual Served	Services Provided
283	597

Individuals Served by Demographic

Program	Individuals Served
Adults – Mental Health	799
Adults – Mental Health and Substance Use Disorders	206
Adults – Intellectual and Developmental Disabilities	125
Adults – Substance Use Disorders	103
Children – Mental Health	354
Children – Intellectual and Developmental Disabilities	60
TOTAL	1647

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Individuals Served by Program

Program	Individuals Served
Assertive Community Treatment	40
Autism	15
Case Management	392
Home Based	15
Outpatient	1173
Peer Support	57
Psychiatric Services	394
Skill Building/Community Living Supports	72
Substance Abuse	223
Supported Employment	47
Wraparound	14
TOTAL	2,442

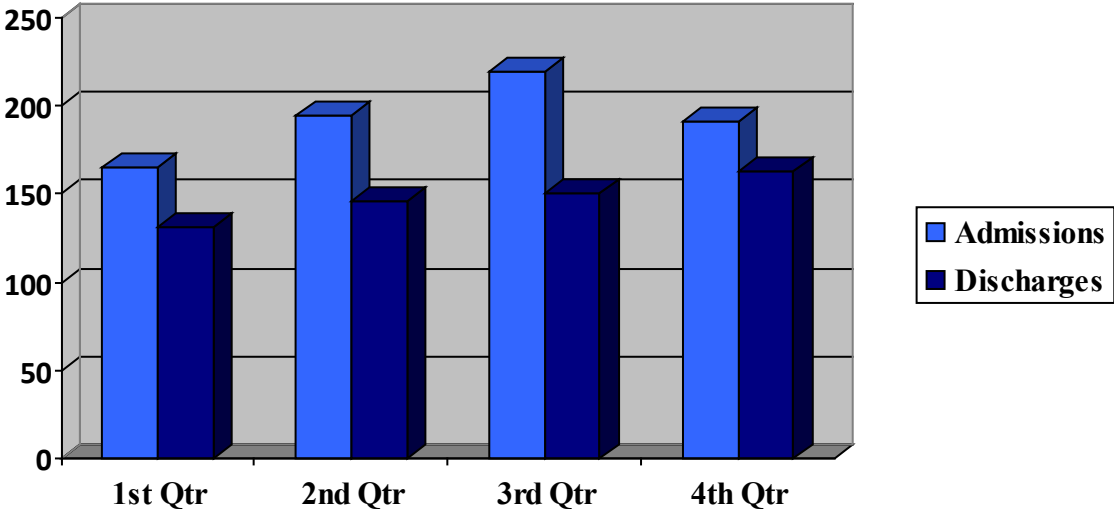
Services by Program

Program	Service Amounts
Assertive Community Treatment	2,325
Autism	1,173
Case Management	3,338
Home Based	242

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Outpatient	8,770
Peer Support	713
Psychiatric Services	1,959
Skill Building/Community Living Supports	2,517
Substance Abuse	2,180
Supported Employment	477
Wraparound	166
TOTAL	23,860

Admissions and Discharges



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AGENCY WIDE METRICS

Barry County Community Mental Health Authority develops goals and objectives each fiscal year through the Quality Improvement Committee (QI). The QI Committee provides oversight to the agency on quality improvement projects, adherence to Federal, State, and Accreditation recommendations, and any potential areas of risk. Metrics are gathered and reviewed no less than quarterly by BCCMHA Leadership, QI committee members, and the Board of Directors. The data presented below is an overview of the Fiscal Year 2023 agency wide metrics that were measured. Additional data is available upon request.

FY23 QAUIP FINAL REPORT

GOAL	TARGET	Q1	Q2	Q3	Q4	FINAL	AREA	COMMENTS
Clients will be able to access non emergency services within 14 days or less from inquiry to assessment.	No current MDHHS standard	62.70%	61.33%	72%	54.29%	62.58%	Accesibility	Internal benchmark is 70%.
Clients will begin their first service within 14 days of their assessment.		68.40%	68.14%	69.60%	84.69%	72.71%	Accesibility	
Inpatient prescreens will be completed within 3 hours.	95%	96.83%	100%	100%	100%	99.21%	Accesibility	
The Veteran's Program will partner with community agencies.	3	11				11+	Accesibility	
The Veteran's Program will increase clients served.	10% Increase	-13%	23%			10%	Accesibility	
ACT clients identifying as homeless during intake will complete a housing referral.	85%	100%	100%		100%	100%	Accesibility	
Inpatient recidivism will be less than 10% each quarter.	>10%	9.09%	4.00%	6.90%	8%	7%	Effectiveness	
Individuals served who obtained employment through the Supported Employment program in FY23 will remain gainfully employed for at least 90 days.	75%	60%	69%	72%	76%	69.25%	Effectiveness	
Treatment Plan authorizations will be within the utilization rate.	90%	85.30%	89.50%	78.90%		84.57%	Efficiency	FY23 was focused on setting agency baseline.
Over and Under Utilization of program services.	>5%	9.60%	1.16%	9%	7.67%	6.86%	Efficiency	
Provider Claim Audit & Recoupments	>5%	7%	12%	12%	8%	9.75%	Effectiveness	FY23 was focused on setting agency baseline.
Satisfaction Surveys for Youth	90%		77.63%			77.63%	Satisfaction	
Satisfaction Surveys for Adults	90%		86.40%			86.40%	Satisfaction	