

2025

# ANNUAL REPORT

prepared by

**barry county community  
mental health authority**



# DIRECTOR'S REPORT

Throughout 2025, Barry County Community Mental Health Authority (BCCMHA) continued to enhance and expand services provided through our Certified Community Behavioral Health Clinic (CCBHC). The goal of CCBHC is to promote integrated behavioral health services for all individuals, regardless of their ability to pay, insurance, age, or place of residence. This past year, BCCMHA focused on expanding services through our Behavioral Health Urgent Care, increasing evidenced based programs such as Dialectical Behavioral Therapy, Parenting Through Change, and Parent Management Training - Oregon model, and adding additional onsite psychiatric providers. Providing tools, focusing on recovery, and connecting individuals with community impacts the individuals that we serve. Thank you to all the wonderful BCCMHA staff that made these changes possible.

With gratitude.

*Richard S. Thiemkey, MA*

Executive Director

## CRISIS CARE

anytime. anywhere.

BCCMHA opened our Behavioral Health Urgent Care in October 2024 to ensure community members have access to behavioral health support when they need it most. Offering walk-in services with no referral required the program provides prompt assessment, crisis stabilization, and connection to ongoing care. Services are provided for those whose needs cannot wait for a routine appointment.

Individuals can expect to complete screening questions upon arrival to help the team establish potential needs even prior to meeting with you. We strive to identify what your needs are, what professional would be best to fit those needs, and work to then link you to ongoing services and other community referrals to meet those needs.

### Behavioral Health Urgent Care Hours

Mondays and Fridays 8:30am-5:00pm

Tuesday-Thursday 8:30am-6:00pm

### Behavioral Health Urgent Care Location

500 Barfield Drive

Hastings, Michigan

*\*Inside our main office location*

### 24/7 Mobile Crisis

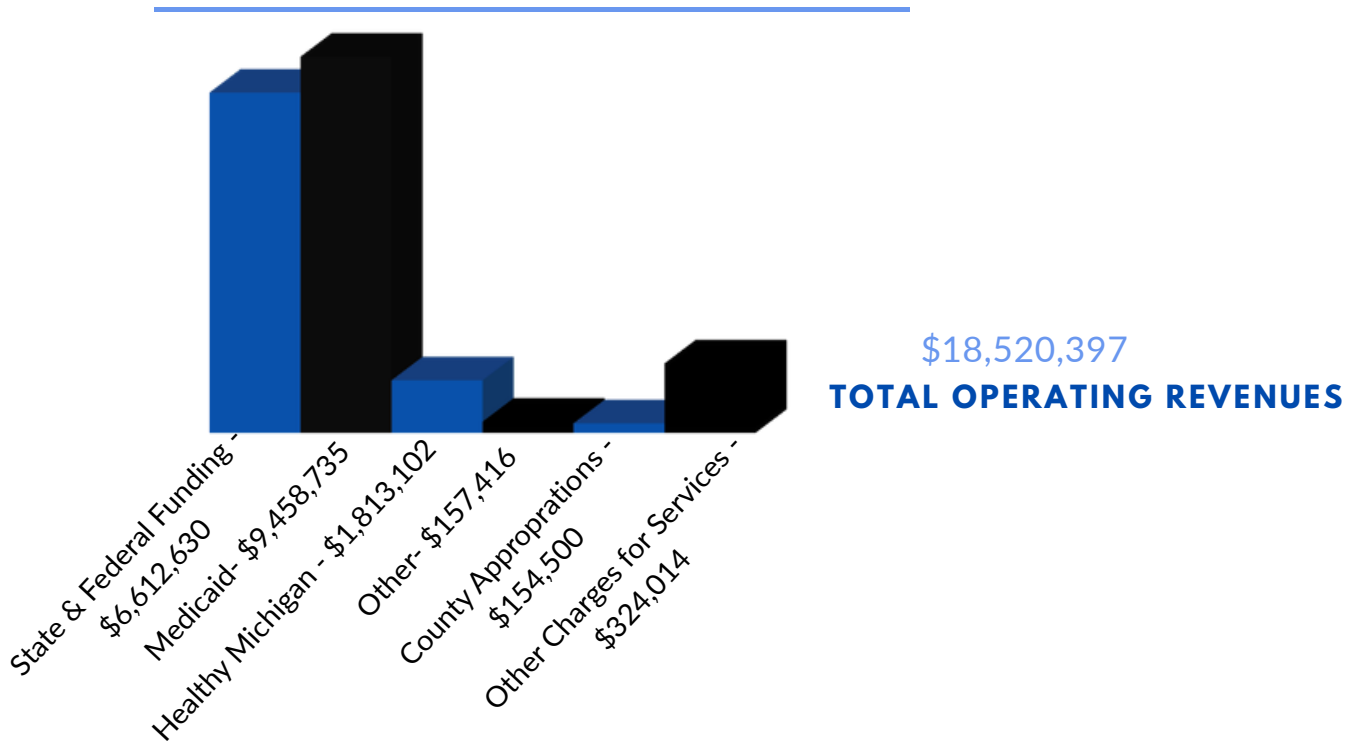
Our team can respond to the location where the crisis is occurring to help de-escalate, implement coping skills, and link to resources.

24/7 Crisis Line [1-866-266-4781](tel:1-866-266-4781).

**In the first year, 199 individuals were served through 263 crisis visits, along with 36 hospital pre-admission screenings.**

Year in Review

## 2025 REVENUES



# 1999

INDIVIDUALS SERVED

**577** CHILDREN

**1422** ADULTS

# 100%

HOSPITAL PRESCREENS  
COMPLETED WITHIN 3 HOURS

# 42,388

SERVICES PROVIDED

# 1,083

STUDENTS PARTICIPATED IN SIGNS OF  
SUICIDE PREVENTION PROGRAMMING

# 95.93%

INDIVIDUALS SEEN WITHIN 14 DAYS OF  
INTAKE ASSESSMENT

## PROVIDING HOPE THROUGH EVIDENCE-BASED PRACTICES

A comprehensive Dialectical Behavior Therapy (DBT) program, recognized as an evidence-based practice developed by Dr. Marsha Linehan, has been implemented at BCCMHA to assist individuals in managing intense emotions, improve interpersonal relationships, and decrease self-destructive behaviors. The program includes four key components: weekly individual therapy, DBT skills training classes, 24/7 phone coaching, and a therapist consultation team. The DBT program is available to individuals aged 18 and over who meet specific eligibility requirements.

The DBT program consists of four core modules—mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness—delivered across a 24-week cycle. Consistent with DBT model fidelity, participants commit to a one-year program in which the curriculum is repeated after approximately 6 months to strengthen skill development and mastery. Throughout the program, participants attend weekly individual therapy and weekly skills training classes for a total of 48 weeks.



BCCMHA has had successful completions of the one-year long program with positive feedback from participants. The DBT program is certified through MDHHS and requires all DBT program providers to attend an intensive 5-day training, 6 months of homework, and 2 exams. Following the completion of these requirements, providers are granted a certification to provide comprehensive DBT. DBT program providers continue to attend additional training and engage in a mentorship program to strengthen their skills as facilitators of this evidence-based practice.

## STATE SITE VISIT & RECOGNITION OF BEST PRACTICES THROUGH CCBHC

In June 2025, BCCMHA participated in its first site visit since becoming a demonstration site in October 2023. The visit, conducted by the Michigan Department of Health and Human Services (MDHHS) CCBHC team, included a comprehensive review of documentation as well as in-depth interviews with both staff and individuals receiving services. Overall feedback from the review team was overwhelmingly positive. Reviewers noted that the interviews with persons served were particularly impactful, highlighting how the services provided by BCCMHA are making meaningful differences in people's lives and are valued by the community. Staff interviews further demonstrated the significant expansion in scope and service capacity that has occurred since BCCMHA became a CCBHC, illustrating the agency's commitment to strengthening access to comprehensive, coordinated care. BCCMHA successfully passed the site visit, affirming the agency's strong implementation and ongoing adherence to program standards.

Following the visit, the MDHHS CCBHC Team recognized BCCMHA for its effective and efficient referral management and care coordination processes. As a result, the agency was invited to present its approach during a statewide CCBHC Lunch and Learn event in August 2025. During this session, BCCMHA shared best practices related to managing both internal and external referral pathways, ensuring timely access to services, and coordinating care across providers. The presentation highlighted the agency's innovative use of its electronic medical record (EMR) system to support streamlined referral pathway and integrated care delivery. BCCMHA demonstrated how internal workflows and external dashboards are utilized to track referrals, monitor social determinants of health (SDOH) needs, and identify individuals with higher acuity needs requiring coordinated support. The invitation to present reflects state-level recognition of BCCMHA's leadership in developing efficient, client-centered referral systems and its role in advancing best practices for CCBHC implementation across the state.

# FISCAL YEAR 2025 BOARD MEMBERS

Thank you to our Board Members for their dedication and support to BCCMHA and the community. Please note, individuals listed served during FY25.

**DR. ROBERT BECKER, ED.D**  
Board Chair

**WILLIAM (BILL) MATTSON**  
Vice President

**DUANE SECORD**  
Treasurer

**COURTNEY ZINY**  
**JEFFREY KNIAZ**  
**MARSHA BASSETT**  
**MARK BONSIGNORE**  
**KRISTEN LAUBAUGH**  
**LORRAINE LINDSEY**  
**BRENDA SHINABARGER-HOWE**  
**JERRY WILSON**  
**STEVEN WILSON**

## MISSION

Barry County Community Mental Health Authority will provide accessible, affordable, confidential, and quality behavioral health, physical health care, and substance use disorder services focused on prevention, treatment, and rehabilitation.

## VALUES

Believing in Recovery. Connecting with Community. Combating Stigma. Making a difference. Helping those in need. Aspiring to be the best.